



# Salt River's Family Health & Fitness Day

10k – 2 mile – 1 mile Family Fun Walk– Youth 0.6 mile  
Saturday, September 15, 2012

**WHERE:** Salt River High School Athletics Building Parking Lot  
(Chaparral Rd. between Country Club Dr. & Center St.)  
Salt River High School  
4827 N. Country Club Dr.  
Scottsdale, AZ 85256

**RACE TIME:** 7:15am – Youth 0.6 mile (12 yrs & under)  
7:30am – 2 mile & 1 mile Family Fun WALK  
7:45am – 10k (6.2 miles)

**CATEGORIES:** 10k NO AGE GROUP – 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place Female & Male  
Youth 0.6 mile – 5yrs & under, 6-8yrs, 9-12yrs  
2 mile – Adult (18rs & over), Youth (13-17yrs & 12yrs & under)  
1<sup>st</sup> & 2<sup>nd</sup> Place Female & Male

Pre-register at the Salt River Fitness Center until September 14.

Event day registration 6 – 7am

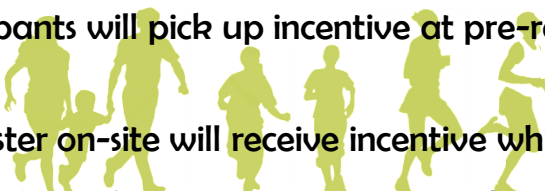
**INFO CONTACT:** Salt River Fitness Center Staff at 480.362.7320  
[rachel.seepie@srpmic-nsn.gov](mailto:rachel.seepie@srpmic-nsn.gov)



Pre-registered participants will pick up incentive at pre-registration table the day of the event.

Participants who register on-site will receive incentive while supplies last.

**NO ONE UNDER THE AGE OF 12YRS WILL BE PERMITTED TO REGISTER FOR THE 10K EVENT!**



Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ :

Phone: \_\_\_\_\_ Age on Race Day \_\_\_\_\_ Birth Date \_\_\_\_\_

Email: \_\_\_\_\_

Sex: Male Female

**Circle One**

10K run

2 mile

1 mile Family Fun Walk

**WAIVER OF LIABILITY:** In consideration of my participation in the Diabetes Program's Family Health & Fitness Day, SATURDAY, September 15, 2012, I hereby for myself, my heirs, my executors and administrators waive any and all rights and claims for damages I may have against Salt River Health Services Department, Disease Prevention Program, Salt River Pima-Maricopa Indian Community, the groups, the sponsors, and any individuals associated with the event for any claim damage or injuries sustained by me during the fitness event/program.

\_\_\_\_\_  
Participants Signature

\_\_\_\_\_  
Parent or Guardian if under 18 yrs of age